



SEPTEMBER NEWS

**HELLO FALL AND HELLO TO ALL OF THE LOVELY NEW FACES AT OUR STUDIO!
WELCOME TO THE ROWLETT DANCE ACADEMY FAMILY!**

What a great first week of class! Thank you to our staff, parents, and students for making it such an easy start to a great year. Monthly newsletters will be sent out with all studio updates, highlighted classes, and fun and exciting news about what's happening at our studio! Take a look at we have going on this month!

WE WILL BE CLOSED MONDAY, SEPTEMBER 2ND FOR LABOR DAY.

Make up your dancer's missed classes by coming to any age or level appropriate class. Call our office if you need help with finding the perfect makeup class that best fits your schedule!

(972)475-8269

MONTHLY TUITION FOR SEPTEMBER will be Autodrafted for your account on Sunday, **September 1st.**

COMPANY CORNER

CONGRATULATIONS TO Ms Tiffany and the Ballet Company students on being selected to perform at **8&1 Heart and Soul Dance Festival** on September 14th, 7:30, at The Courtyard Theatre in Plano.

You can purchase tickets online at www.8and1dance.com or from Ms Tiffany. Tickets are \$14.00 children and \$22.50 for 12 & up.



NEW CLASSES STARTING FIRST WEEK IN SEPTEMBER! SIGN UP TODAY TO RESERVE YOUR DANCERS SPOT!

BALLET 1

SATURDAYS 12:30 – 1:15

HIP HOP GRADES K – 3

WEDNESDAYS 7:30-8:15

COLLEGE STUDENTS & ADULTS, HAVE WE GOT A DEAL FOR YOU!

You can purchase a **10 class card for \$125** to use on the following classes:

- College/Adult Tap Mondays at 8:30 pm-9:15 pm
- Ballet Basics on Tuesdays at 7:45 pm – 8:30 pm
- Adv. Jazz / Heels Tuesdays at 7:30 pm – 8:15 pm
- Hip Hop Infused Cardio Thursdays at 7:30 pm – 8:15 pm

Mix and match your dance training and workouts! Try your first class for **FREE!**

DO YOU HOMESCHOOL?

We have designed a dance program just for you! A 12 week session in the fall and again in the spring with 18 months – 5 yr olds meeting Wednesday mornings and ages 7 & up dancing Thursday afternoons. **Register now, classes begin September 4th!**

CALLING ALL GUYS! We want YOU in our outstanding boys class on Mondays with Mr. Nick!

Did you know men's college and professional sports teams incorporate dance exercises into their workouts? Dance improves flexibility, strength, balance and agility. Football great Herschel Walker trained with Texas Ballet Theatre and the L.A. Lakers hired a ballet instructor to work with them.

Steeler's nose guard **Steve McLendon** says “ **Ballet is 'harder than anything else I do.'**”

So parents, why is it ok for boys to dance? Dance for boys, young men, and even grown male adults can be SO beneficial and important for all! Dance helps with AGILITY, ATHLETICISM, BALANCE, CONCENTRATION, COORDINATION, DISCIPLINE, FOCUS, GROUP WORK, INDIVIDUALITY, LEADERSHIP, MANNERS, MUSCLE TONE, POSTURE, PHYSIQUE, RESILIENCE, SPEED, SELF ESTEEM, AND IT'S FUN! Do you know a boy or young man interested in dance?! Encourage them to show you their passion!

Guys, come try the first class for free!